

YEAR 7	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Strand	Health & Well-Being	Living in the Wider World	Relationships	Living in the Wider World	Health & Well-Being	Relationships
PSHE Lesson	PERSONAL ATTRIBUTES To recognise their personal strengths and how this affects their self confidence and self-esteem.	DIVERSITY, DISCRIMINATION & RIGHTS The similarities, differences and diversity among people of different race, culture, ability, disability, sex, gender identity, age and sexual orientation and the impact of stereotyping, prejudice, bullying, discrimination on individuals and communities	TYPES OF RELATIONSHIPS The nature and importance of marriage, civil partnerships and other stable, long term relationships; roles and responsibilities of parents, carers and children in families	LAWS, LIBERTIES, JUSTICE Precious liberties enjoyed by citizens of the UK, the nature of rules and laws, the difference between criminal and civil law.	INFLUENCE OF THE MEDIA How the media portrays young people, body image and health issues and that identity is affected by a range of factors	BULLYING, ABUSE & GANGS Recognising bullying & abuse in all its forms and skills and strategies to deal with it; support services available;
Session 1	PERSONAL ATTRIBUTES Accepting helpful feedback	DIVERSITY, DISCRIMINATION & RIGHTS What is discrimination?	TYPES OF RELATIONSHIPS How to deal with a breakdown in relationships	LAWS, LIBERTIES, JUSTICE The justice system in the UK - related to young people - e.g. permitted hours and types of employment (under 18)	HEALTH SERVICES How to access local health services	BULLYING, ABUSE & GANGS – Laws relating to carrying of offensive weapons;
Session 2	PERSONAL ATTRIBUTES - rejecting unhelpful criticism;	DIVERSITY, DISCRIMINATION & RIGHTS -how to respond when being discriminated against	TYPES OF RELATIONSHIPS - the effect of change, including loss, separation, divorce and bereavement	LAWS, LIBERTIES, JUSTICE -the role of the police - how this affects young people	HEALTH SERVICES - how to access local health services	BULLYING, ABUSE & GANGS -difference between friendship groups and gangs
Session 3	PERSONAL ATTRIBUTES - understanding that self-esteem can change with personal circumstances	DIVERSITY, DISCRIMINATION & RIGHTS -responsibilities towards others who are experiencing discrimination	TYPES OF RELATIONSHIPS - the effect of change, including loss, separation, divorce and bereavement	LAWS, LIBERTIES, JUSTICE - how courts and tribunals work		

CDI FRAMEWORK MAPPING	LO 1 - describe yourself, your strengths and preferences; LO2 - what you are doing to make progress	LO8 - identify how to stand up to stereotyping and discrimination; LO12 - recognise when you are using the qualities and skills you need to be enterprising		LO9 - be aware of laws and bi-laws related to young people's hours of work		LO8 - identify how to stand up to stereotyping and discrimination;
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