

Dance

Welcome to the Dance Therapies. Please follow the links in the Therapy section below to access the resources.

Therapy
<ul style="list-style-type: none">• attend workshops with visiting dance teachers/companies (either in school or locally - Lowry Theatre, Dance House Manchester, Z-Arts)
<ul style="list-style-type: none">• explore existing dance works (either live or online, some suggestions include Rambert Dance, Christopher Bruce, Hofesh Schecter, Blue Boy entertainment, Wayne McGregor, Matthew Bourne, Itzik Galili, StopGap Dance Company, James Cousins, Jasmin Vardimon)
<ul style="list-style-type: none">• explore existing dance styles (either live or online, some suggestions include Ballet, Contemporary, Urban, Inclusive Dance, Site sensitive)
<ul style="list-style-type: none">• Dance Manchester website
<ul style="list-style-type: none">• The Dancehouse website
<ul style="list-style-type: none">• complete work that is set on Doddle
<ul style="list-style-type: none">• research the dance style/topic you are learning

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